



## Abbott PanBio COVID-19 Rapid Antigen Test Kit Instructions

### *Pre-screening procedure*

Government of the Northwest Territories (GNWT) COVID-19 Vaccination Policy COVID-19 self-testing is a screening measure intended to increase the safety of GNWT Worksites.

Self-testing should be conducted by symptomatic and asymptomatic employees.

If you are [experiencing symptoms](#):

- Complete testing procedures.
- Advise your supervisor that you are ill.
- Do not attend at a GNWT worksite.

## COVID-19 SYMPTOMS

### General COVID-19 Screening Tool

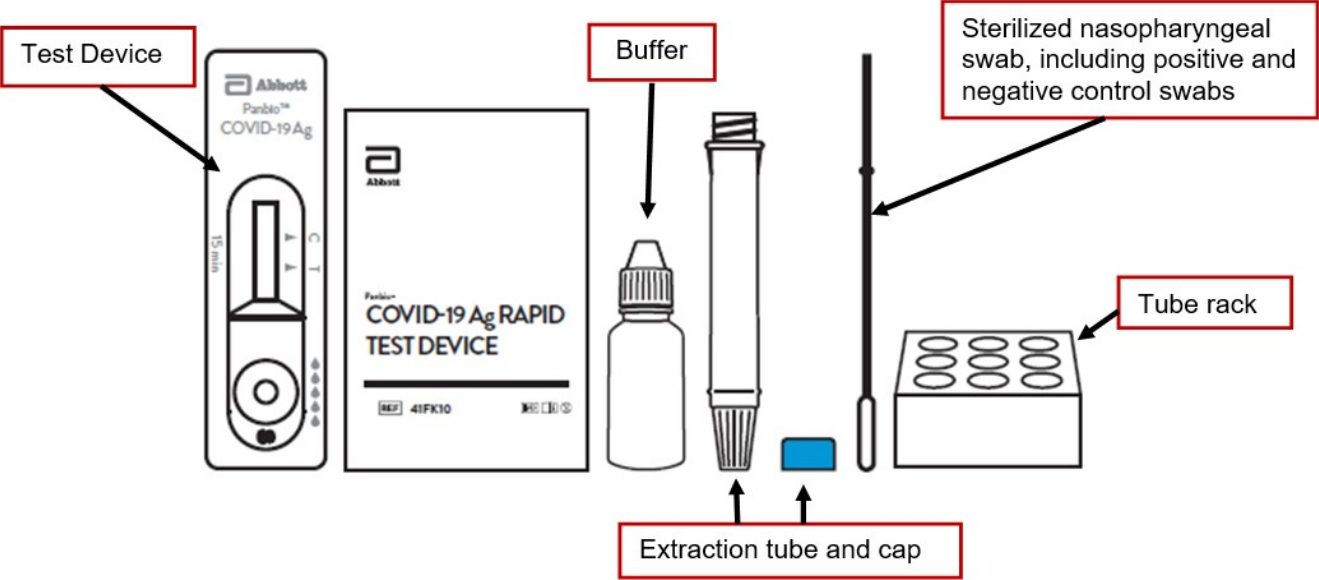



Employees with symptoms should also [complete the COVID-19 Self-assessment online](#).

**Employees who are symptomatic must not attend at a GNWT Worksite regardless of vaccination status or COVID-19 testing producing a negative result.**

**If you have shortness of breath or difficulty breathing – call 9-1-1 or your local medical emergency telephone number.**

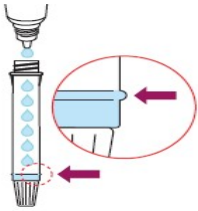
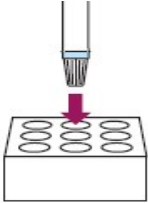
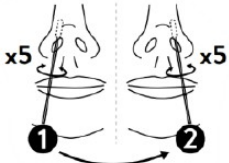
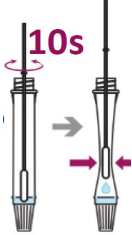
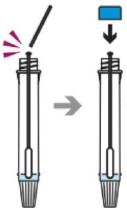
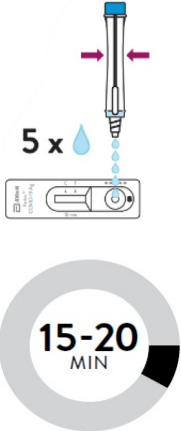

**Your testing kit contains:**



<p><b>Before you start:</b></p> 	<ol style="list-style-type: none"><li>1. If you have mucous in your nostrils, gently blow your nose into a tissue to clear it.</li><li>2. Sanitize your hands.</li><li>3. Lay a paper towel on a clean, level surface.</li><li>4. Open your testing kit and remove:<ul style="list-style-type: none"><li>• 1 test device (packaged in an individual foil pouch)</li><li>• 1 extraction tube and cap</li><li>• 1 sterilized swab for sample collection</li><li>• Bottle of buffer solution</li></ul></li></ol>
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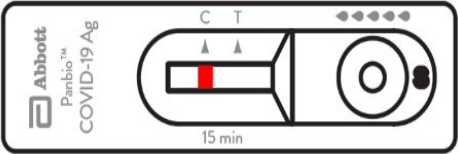
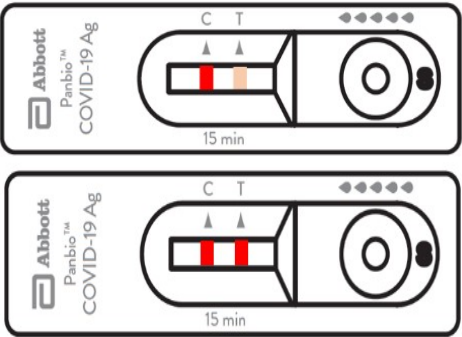
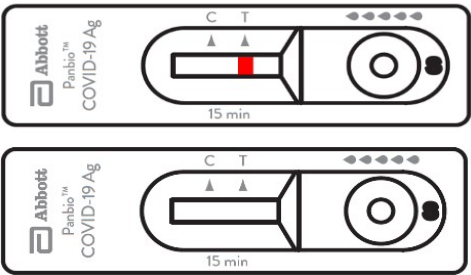


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	<p>1. Holding the buffer bottle vertical, fill the extraction tube to the Fill line.</p>
	<p>2. Place extraction tube in rack.</p>
	<p>3. Insert the swab ~2cm into your nostril.</p> <p>4. Rub and rotate the swab 5 times around your nostril and then repeat for the other nostril (may tickle and cause eyes to water).</p>
	<p>5. Gently tap the test tube to bring the fluid to the bottom. Remove the blue cap and immerse the swab tip into liquid. Swirl up and down for 10 seconds. Pinch the tube around the swab to squeeze out excess liquid.</p> <p><b>Note:</b> Avoid creating bubbles in the extraction tube, as these can lead to inaccurate results.</p>
	<p>6. Find the break line on the swab handle and snap at this line.</p> <p>7. Screw blue cap back on the test tube with the other half of swab remaining inside the tube.</p>
	<p>8. Twist off the white dropper cap from the bottom of the test tube. Gently squeeze 5 drops into the round well of the test cartridge</p> <p>9. Wait <b>15 minutes</b> for the sample to move across the white strip before reading results. Results <u>must be</u> read between 15-20 minutes after putting the liquid in the cartridge.</p> <p>10. Record your test results and follow compliance steps set out in your Employee Testing Instructions.</p> <p>11. All test kit components, including swabs, can be disposed of in regular garbage, even if you test positive.</p> <p>12. Sanitize your hands once more.</p>
<p>See next page for instructions on reading your results</p>	
<p>Scan for instructional video</p> <p><a href="#">Link for instructional video</a></p> <p><a href="#">Self-administered test kit video</a></p>	



## Reading and Reporting your PanBio Test Result

<p><b>NEGATIVE Result:</b></p> 	<p>One line at the control mark (C) No line at the test mark (T)</p>
<p><b>Important:</b></p> <p>A negative test still means you must follow Policy and Public Health requirements, including wearing PPE in the workplace, washing your hands frequently, socially distancing.</p>	
<p><b>POSITIVE Result:</b></p> 	<p>Two lines:</p> <p>one at the control mark (C), and one at the test mark (T)</p> <p>The presence of a line at the control mark (C) and at a line at the test mark (T) is a positive result, no matter how faint the lines may be.</p>
<p><b>Important:</b></p> <p>A positive test cannot confirm COVID-19 with certainty. Since your test indicated a potentially positive test result, please follow the steps set out in your Employee Testing Instructions, including:</p> <ol style="list-style-type: none"><li>1) Arrange for a second test: Arrange for a lab-based validation test within 24 hours or as soon as possible. <i>Identify that you have swabbed positive for a self-administered PanBio Test.</i></li></ol> <p>If you reside near Yellowknife: Book a test online to take place within the next 24 hours, or present to the Testing Centre within the next 24 hours.</p> <p>If you reside in another community: Call your nearest Health Centre to arrange for testing.</p> <ol style="list-style-type: none"><li>2) Isolate immediately: You and any household member that is not fully vaccinated will need to self-isolate until you receive further direction.</li><li>3) Create a contact tracing list: Make a list of where you have been and who you have been in contact with over the past 2 days to help Public Health</li></ol> <p>If you don't have any symptoms, it is important that you self-monitor and watch closely for any <a href="#">symptoms</a> in yourself or the other people in your home.</p>	
<p><b>Invalid Result:</b></p> 	<p>If the control line (C) is not visible within the result window after performing the test, the result is considered invalid.</p> <p>Please begin again with a new test.</p>



## Storing your PanBio Test Kit

The test kit should be stored at a temperature between 2-30 °C. Do not freeze the kit or its components.

Note: When stored in a refrigerator, all kit components must be brought to room temperature (15-30 °C) for a minimum of 30 minutes prior to performing the test. Do not open the pouch while components come to room temperature.